



AFRICAN AMERICAN CULTURAL CENTER (Us)

Soul Sessions

6250 JANUARY 2010

SUNDAY, 17 JANUARY, 3:00PM

“STANDING IN SOLIDARITY WITH HAITI: A CALL TO CARE AND SUPPORT”

-- A Community Dialogue and Action --

A Special Report and Update: Cong. Maxine Waters, 35th District
Personal and Humanitarian Accounts: Coalition in Solidarity with Haiti
Solidarity Statement: Dr. Maulana Karenga, Chair, Us

SUNDAY, 24 JANUARY, 3:00PM

“KING AND THE QUESTION OF HEALTHCARE: THE ETHICS AND URGENCY”

Lecturer: MR. ANTOINE COOK

Faith-based Outreach Coordinator, American Association of Retired Persons of Southern California (AARP)

SUNDAY, 24 JANUARY, 3:00PM

“KING AND THE PSYCHOLOGY OF FREEDOM: SELF-RESPECT, RESISTANCE AND RESILIENCE”

Lecturer: DR. MAULANA KARENGA

Professor of Africana Studies, California State University--Long Beach; chair, Us; creator of *Kwanzaa and the Nguzo Saba*; author, *Maat, The Moral Ideal in Ancient Egypt: A Study in Classical African Ethics*

SATURDAY, 16 JANUARY, 12:00 - 2:00PM

“LEARNING AND LIVING THE VISION AND VALUES OF DR. MARTIN LUTHER KING”

Limbiko Tembo Kawaita School of African American Culture

(A Saturday Cultural School for children ages 3-- 11 years old)



AFRICAN AMERICAN CULTURAL CENTER (Us)
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www.OfficialKwanzaaWebsite.org

www.Us-Organization.org -- www.MaulanaKarenga.org



Nguzo Saba
The Seven Principles



Umoja
Unity



Kujichagulia
Self-Determination



Ujima
Collective Work and
Responsibility



Ujamaa
Cooperative Economics



Nia
Purpose



Kuumba
Creativity



Imani
Faith

Dr. Maulana Karenga
Creator of Kwanzaa



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Promotion of African American Culture
African American Cultural Center (Us)
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“We must massively assert our dignity and worth. We must stand up amid a system that still oppresses us and develop an unassailable and majestic sense of values. (And) We must no longer be ashamed of being Black.”

*Dr. Martin Luther King, Jr.
Where Do We Go From Here?*